

LACK OF MENTAL HEALTH PROVIDERS CRISIS

Mental Health Provider Availability Study

BHS obtained a list of 100 mental health providers located in the Mid-Atlantic region from an insurance provider directory. Our goal was to find an appointment with a counselor who accepted the insurance and could offer an evening appointment within the next three weeks.

ONLY 10 OUT OF 100 COULD OFFER AN APPOINTMENT



HERE'S WHAT HAPPENED:



Of the 100 providers, 46 could be reached

- 9 were no longer employed at the practice and no new contact information was offered
- 12 had wrong numbers
- 33 did not return a call after a message was left



Of those 46 providers, 31 were accepting new patients

- 15 were not accepting new patients



Of those 31 providers, 23 accepted the participant's insurance

- 3 couldn't confirm they would accept this specific insurance
- 5 were no longer accepting this specific insurance



Of those 23 providers, 19 could offer an appointment

- 4 couldn't offer an appointment in the next three weeks



Of the 19 remaining providers, 10 could offer an evening appointment